

fraîche

St. Patrick's Day Dinner Grocery List

Pantry

Full fat coconut milk (1x400ml)
Creamed honey
Xanthan gum
Sea salt
Unbleached flour
Wheat germ
Sugar
Baking powder
Olive oil
3 L Stock
Bay leaves (2)
Tahini
Red wine (1 Bottle)
Ketchup
Tamari
Lentils (dried)
Raw cashews
Canned white beans (1)

Produce

Avocados (2)
Large banana (1)
Limes (2)
Lemons (3)
Cucumber (1)
Carrots (2)
Chives
Thyme
Assorted herbs for herbed dip
Assortment of vegetables for platter
Onion (2)
Celery stalks (6)
Garlic
Russet potatoes (3.5 lbs)
Sweet potatoes (2 lbs)
Loaf of bread
Sliced mushrooms (10 oz)
Portabella mushrooms (2)
Broccoli (2 crowns)

Refrigerator

Butter or Vegan Butter*
Aged Cheddar cheese (optional)*
500 mL Buttermilk
2 eggs (optional)*
18% cream (optional)*
Plain Greek yogurt *
Unsweetened non-dairy milk