Fraîche Table

BC Wine Pairing Grocery List

Pantry

- Red wine vinegar
- Mayonnaise
- Dry mustard
- Capers
- Panko bread crumbs
- Oil for frying
- Dill pickles
- Quinoa
- Dried cranberries
- Toasted pumpkin seeds
- Sliced almonds
- Honey
- Avocado oil
- Jasmine rice
- Coconut milk
- Sugar
- Oat flour
- Large flake rolled oats
- Brown sugar
- Cinnamon

Produce

- Red onion
- Chives
- Lemons (2)
- Fresh dill
- Baby Kale
- Garlic
- Mango
- Red pepper
- Cilantro
- lime
- Blueberries (fresh or frozen)

Refrigerator

- Rock crab
- Eggs
- Feta cheese
- Butter
- Halibut